

PARKINSON LANE COMMUNITY PRIMARY SCHOOL

Community and Premises

Whole School Food Policy

Rationale

1. The school recognises the important connection between a healthy diet and a pupil's ability to learn effectively and to achieve high standards in school. The school is also keen to help to improve the wider community by promoting family health and food practices.
2. The school recognises that sharing food is a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships.

Purpose

3. To improve the health of the entire community by teaching students and families ways to establish and maintain life-long healthy eating habits. This shall be achieved through food education and skills based on all food served in school and on all trips and through work in the classroom.

Broad Guidelines

- 4.1 School will follow the guidance provided in the School Food Standards document.
- 4.2 The school curriculum will, in a cross-curricular way, develop the understanding of the importance of healthy eating.
- 4.3 Healthy eating will also be addressed through cross-curricular activities such as after school cookery clubs and as topics in Science week.
- 4.4 As many children as possible will have the chance to attend breakfast club at some point. The club will promote the importance of breakfast. Healthy options of cereal, cooked food and fruit/yoghurt will be provided.
- 4.5 Healthy eating will be promoted as a whole school issue through initiatives such as a school recipe book, cook off challenges in assemblies and fruit snacks at break times.
- 4.6 Through the curriculum and extra curricular activities such as football and dance, links will be made between healthy eating and effects on the body.
- 4.7 The school will ensure that there is a constant supply of water from the cooling machines in the corridors and staffroom for children and staff.
- 4.8 The School Council will monitor and discuss children's views on school dinners and will feedback on needs and changes to the Senior Management Team.

Conclusion

5. Parkinson Lane C P School is committed to ensuring that all aspects of food and nutrition in school promote the health and wellbeing of pupils, staff and visitors to our school.

Headteacher	Date taken to Staff	Chair of Governors
Date June 18	Date: June 18	Date: 9/07/2018
Review Date:		