

Healthy Active Lifestyle

Priority	Action
<ul style="list-style-type: none"> • Parent knowledge and understanding of the value of nutrition. • Develop a more positive approach to food, exercise and body image. 	<p>Get fit campaign lead by fitness expert Nikki</p> <ul style="list-style-type: none"> • Weekly exercise sessions with children and parents • Nutritional workshops and advice • Support monitoring and tracking weight gain/loss
<ul style="list-style-type: none"> • Improve understanding of importance of water safety and develop key life skills. • To broaden knowledge and expose the children to a range of active experiences. 	<p>Swimming with year 4 children every Friday afternoon. Employed in house swimming instructor to improve quality of teaching and learning and extend time spent in the pool.</p>
<ul style="list-style-type: none"> • To help develop the children’s fitness, stamina, self control and discipline. 	<ul style="list-style-type: none"> • Specialist boxing coach came into school and provide multi-year groups, across the school, with boxing sessions.
<ul style="list-style-type: none"> • To broaden children’s experiences of PE and look at alternative sports 	<ul style="list-style-type: none"> • To offer more specialists clubs with different sporting opportunities as incentives for children. To build on alternative sports that are not the ‘norm’ for our children.
<ul style="list-style-type: none"> • Ensure emotional and physical well-being of staff 	<ul style="list-style-type: none"> • After school nea dance club on Thursdays • Use of new outdoor space tennis area – astro turf • Use of school gym
<ul style="list-style-type: none"> • To raise children’s expectations of their own achievements so they learn to succeed • Embed a positive, mental attitude which enables them to overcome hurdles and barriers • Celebration of achievements • Development of key life skills 	<p>Residentials: European visits – Edinburgh (Dance) Year 5 Wales (Walking) Year 6 Lake District Year 4 Eyam Residential Summer School</p>

School Improvement Priorities

Priority	Action
<ul style="list-style-type: none"> Improving quality of outdoor spaces 	<ul style="list-style-type: none"> Ensure access to local state of the art facilities Replacing playground equipment (golf sets, giant chess and draughts, cricket bowling machines, giant jenga) ensuring that playtimes are still stimulating, active and fun for children.
<ul style="list-style-type: none"> To develop staff and children's skills to a national standard. 	<ul style="list-style-type: none"> To continue to offer 'National Standard' cycling training to Yr4, 5 and 6 children. To send staff on national standard instructor training. To train yr5/6 children to lead specific games at break times to enhance children's key skills development.
<ul style="list-style-type: none"> Raise the standard of teaching and learning in gymnastics. 	<ul style="list-style-type: none"> Golden ticket trip to Diamond gymnastics club Aim to invite specialist gym coaches for staff INSET and workshops with children Children attended Diamond gym to train as well as staff observing session to enhance their knowledge (CPD) Purchasing of specialist gymnastic equipment (Vault and Springboard).
To continue development of skills amongst staff	Experienced and specialist staff to hold INSET sessions for specific sports
To further enhance the current PE provision at Parkinson Lane School	CPD – Cycling CPD – Gymnastic CPD through attending Diamonds gym.

Physical Education

Priority	Action
<ul style="list-style-type: none"> Ensure that provision is in place for teaching of key skills in PE lessons throughout the school 	<p>PE yearly overview (Hyperlink)</p> <p>Teach a balanced curriculum</p>
<ul style="list-style-type: none"> To ensure that there are a range of resources available at playtime 	<ul style="list-style-type: none"> Keep well resourced containers of varied sporting playground equipment appropriate to each age group in their play ground. Training for midday supervisors and play leaders
<p>To ensure that PE is a high priority in school and that children have the opportunity to take part in a range of sports so they understand the importance of physical activity for their health.</p>	<ul style="list-style-type: none"> Healthy Schools Week: Sporting activities throughout the week culminating in a whole school Sports Day. Continue to celebrate achievements of children in sports through assemblies, medals and governors presentation.
<p>PE lessons and clubs will be enhanced by the equipment – development of key ball skills</p>	<ul style="list-style-type: none"> Balance bikes for cycling club. PE mat holder Balls, skipping ropes and rackets for activity bins Footballs for PE lessons and OOSH clubs

Clubs and competitive school sports

Priority	Action
<ul style="list-style-type: none"> • Holistic approach to educating the whole child • Well rounded children • Broader and balanced curriculum • To broaden cultural perspectives and showcase sport in a positive light 	<p>Oosh clubs: Dance, Rounders, Tennis, Cycling, Balance bikes, rugby, gymnastics, football, tennis, cricket</p>
<ul style="list-style-type: none"> • To raise the quality of PE skills to a competitive level 	<p>Oosh clubs: Football, Rugby, Cricket, Cross Country, Gymnastics</p>
<ul style="list-style-type: none"> • Staff to feel part of the team and give them a sense of pride and importance when representing the school. 	<p>Track suits for staff to wear when representing any school team in a sporting event</p>
<ul style="list-style-type: none"> • PE lessons and clubs will be enhanced by the equipment – development of key ball skills 	<p>A range of different sized footballs purchased to enable the children to develop their ball control.</p>
<ul style="list-style-type: none"> • To ensure Well run clubs, profile of PE remains high with excellent participation 	<p>To support and celebrate PE OOSH clubs and ensure that they are fully resourced.</p> <ul style="list-style-type: none"> • Medals / trophies • PE Certificates – to be given every term to a child from each class who has excelled in PE lessons <p>Personalisation of PE rewards through inscribed medals, awarded to top achievers in sporting competitions.</p> <ul style="list-style-type: none"> • Waterproof jackets purchased for children to wear at sporting events.

Budget

Action	Out going cost
PE specialist coaches	£3739
Management of PE throughout school / running of PE events	£4623.57
Action Plan for PE resources and equipment	£4359.07
Total	£12,721.66

	Incoming funds
PE funding given to school	£9904
Money allocated to PE by Parkinson Lane School	£2817.64
Total	£12,721.66