

Parkinson Lane Community Primary School
Curriculum Policies
Physical Education Policy

Rationale

1. Physical Education in school is the start of the development of a healthy active lifestyle that should endeavour to influence every pupil. Children should be given opportunities to develop a wide variety of skills, from individual to teamwork and both physical and mental

Purposes

2. At Parkinson Lane, we aim for the curriculum to be enjoyable whilst following the demands of the National Curriculum. The curriculum should develop a scheme of work using the QCA and Val Sabin publications; this should show a steady progression in each area of activity. The school will contribute to the all-round physical development of each child whilst catering for individual needs.

Broad Guidelines

3. The curriculum at Parkinson Lane will be separated into the five areas of dance, gymnastics, games, athletic activities and outdoor and adventurous activities. For the quality of teaching and children's learning, it is important that:

- The work is stimulating, energetic, challenging and fun.
- The teachers consider safety at all times and the children can use equipment safely
- The children can work in a team, appreciating the ability of others, enabling them to show good sportsmanship
- Resources are developed allowing activities to show appropriate progression and development
- Teachers and children dress appropriately for the activity and understand the need for this.

Additional

4. Swimming will form part of the curriculum for Year 4 pupils who have an allocation of a school year at Rishworth School swimming pool. Children will have chance to develop other skills at the after school clubs e.g., Judo, football, gymnastics, cycling, kwik cricket and dance. Physical activity is also strongly encouraged at break times and lunchtime, through the use of playground equipment and trained play leaders. As well as the two day challenges.

Keep fit is through aerobics incorporated into Breakfast Club activities one day every week.

P.E apparatus shall be kept in the large storeroom at the end of the hall and in the outdoor shed in the Year 1/ 2 playground. Outdoor and adventurous equipment is logged and kept in the store by the west wing corridor.. This is to be maintained by the PE Co-ordinator.

The end of every year will culminate in a whole school sports day as well as Yr6 and staff sports competitions.

An award for sports personality of the year is presented to the child who has taken part in and excelled in all areas of P.E.

Conclusion

5. As P.E in school is the development of a healthy, active lifestyle, all children will be expected to participate in P.E according to their abilities. Children will be encouraged to participate with others as well as learning to recognise and celebrate their successes so P.E becomes an enjoyable experience.

Children will be encouraged to participate in sports that they enjoy and join school sports teams that in turn will also help us develop our links with other Calderdale Schools.

Date to Curriculum committee 29/2/16	Date to Full Governors 14/3/16	Signed by Chair of Governors
--------------------------------------	--------------------------------	------------------------------